



## Promoting Healthy Development Among Young Children

### Well Baby Check-Ups

Please make sure that your child receives well-baby checkups by a pediatrician every three months for the first year and a half, and every six months after that until your child is three years old.

[Wondering what to expect of your infant or toddler?](#)

[Is your child eligible for early intervention services?](#)

[Read about developmental milestones for young children.](#)

### Where to go for screening if you think your child may need assistance. It's free!

Local school districts' special education departments operate screening and early intervention services for children with developmental delays and disabilities. Based on a developmental screening, young children may be eligible for services under a federal law, *the Individuals with Disabilities Education Act (IDEA)*, Part C (for infants and toddlers) and Section 619 (for preschool-age children). To find more information about local school districts through which you can request a free developmental screening, [click here](#).

Early intervention services under IDEA are free. If you have any concerns about the development of your baby, toddler, or preschool-age child, ask for a free screening. Early intervention services can make a difference for children. They can help identify strengths and weaknesses. They can help make sure your child receives services and enters school ready to succeed.

[Regulations for Special Education Programs in Virginia](#)

[Infant and Toddler Connection in Virginia](#)

If you have concerns about your baby, call the Infant & Toddler Connection of Virginia at 1-800-234-1448. They specialize in helping families understand services that might be available to meet the needs of your child.

