Resources for Parents and Child Care Providers on Early Childhood Development

Early Childhood Development

- **Prenatal Brain Development:** Nurturing Babies Webcast
- **News You Can Use:** Early Experiences Build the Brain – Foundations of School Readiness
- **News You Can Use:** Approaches Toward Learning—Foundations of School Readiness Part 1 (Infants and Toddlers; self-regulation)
- **News You Can Use:** Approaches Toward Learning—Foundations of School Readiness Part 2 (Infants and toddlers; attention, curiosity and information gathering)
- **News You Can Use:** Approaches Toward Learning—Foundations of School Readiness Part 3 (Infants and toddlers; memory, persistence, and problem solving)
- **News You Can Use:** Foundations of School Readiness: Cognition and General Knowledge (Infants and Toddlers; cognitive and general development)
- **Resilience and Chronic Stress:** Harvard University Center for the Developing Child
- **"Serve and Return" Interaction Shapes Brain Circuitry:** Harvard University Center for the Developing Child
- **"Enhancing and Practicing Executive Function Skills with Children from Infancy to Adolescence:** Harvard University Center for the Developing Child

Language and Literacy

- **News You Can Use:** Foundations of School Readiness: Language and Literacy (Infants and Toddlers; Receptive and Expressive Language)

Social & Emotional Development

- **The Mind, the Brain and Relationships: Supporting Children's Social-Emotional Development,** Dr. Dan Siegel, 2007 Birth To Three Institute: Opening Plenary
- **News You Can Use:** Foundations of School Readiness: Infants and Toddlers; Social Emotional Development
- **Children's Emotional Development is Built Into the Architecture of their Brains:** Harvard University Center for the Developing Child

Parent and Family Engagement

- Parent, Family and Community Engagement Resources

Physical Health and Development

- **News You Can Use:** Foundations of School Readiness: Physical Development and Health (Infants and Toddlers; healthy and safe habits, large and small muscle control)
- **Let's Move! Child Care!**
- **Improve Physical Activity:** Nemours Best Practices for Physical Activity Guide

Healthy Spaces:

- **News You Can Use:** Learning At Home and Homelike Environments
- **Improve Food Choices:** Nemours Best Practices for Healthy Eating Guide

For additional resources, see: the U.S. Department of Health and Human Services, Administration for Children and Families, Head Start, Early Childhood Learning & Knowledge Center (ECLKC)