

Resources for Parents and Child Care Providers on Early Childhood Development



Early Childhood Development

- [Prenatal Brain Development: Nurturing Babies Webcast](#)
- [News You Can Use: Early Experiences Build the Brain – Foundations of School Readiness](#)
- [News You Can Use: Approaches Toward Learning—Foundations of School Readiness Part 1 \(Infants and Toddlers; self-regulation\)](#)
- [News You Can Use: Approaches Toward Learning—Foundations of School Readiness Part 2 \(Infants and toddlers; attention, curiosity and information gathering\)](#)
- [News You Can Use: Approaches Toward Learning—Foundations of School Readiness Part 3 \(Infants and toddlers; memory, persistence, and problem solving\)](#)
- [News You Can Use: Foundations of School Readiness: Cognition and General Knowledge \(Infants and Toddlers; cognitive and general development\)](#)
- [Resilience and Chronic Stress: Harvard University Center for the Developing Child](#)
- [“Serve and Return” Interaction Shapes Brain Circuitry: Harvard University Center for the Developing Child](#)
- [“Enhancing and Practicing Executive Function Skills with Children from Infancy to Adolescence: Harvard University Center for the Developing Child](#)

Language and Literacy

- [News You Can Use: Foundations of School Readiness: Language and Literacy \(Infants and Toddlers; Receptive and Expressive Language\)](#)

Social & Emotional Development

- [The Mind, the Brain and Relationships: Supporting Children’s Social-Emotional Development, Dr. Dan Siegel, 2007 Birth To Three Institute: Opening Plenary](#)
- [News You Can Use: Foundations of School Readiness: Infants and Toddlers; Social Emotional Development](#)
- [Children’s Emotional Development is Built Into the Architecture of their Brains: Harvard University Center for the Developing Child](#)

Parent and Family Engagement

- [Parent, Family and Community Engagement Resources](#)

Physical Health and Development

- [News You Can Use: Foundations of School Readiness: Physical Development and Health \(Infants and Toddlers; healthy and safe habits, large and small muscle control\)](#)
- [Let’s Move! Child Care!](#)
- [Improve Physical Activity: Nemours Best Practices for Physical Activity Guide](#)

Healthy Spaces:

- [News You Can Use: Learning At Home and Homelike Environments](#)
- [Improve Food Choices: Nemours Best Practices for Healthy Eating Guide](#)

For additional resources, see: the U.S. Department of Health and Human Services, Administration for Children and Families, Head Start, [Early Childhood Learning & Knowledge Center \(ECLKC\)](#)